

Donnalee MacInnis Kelly
BHEc; MATP, Cert. Con. Res., BCCT
David Allan Kelly BSc.

Your Winning Edge

Everyone needs a personal edge on life that keeps us happier, feeling better and more content at work and at home.

Often we are just too tired from the pressures of modern life to keep up the effort required by workplace benefit and incentive programs for long. They can make our days longer and take time from our family. Most of us are too tired to comply fulltime or forever. And many of us already take time from sleep to get everything done and are upset by governments and industry regulations of our sleep!

It is natural instincts to look for the easy way out to feel better and be happy. What most people intuitively know is that being at our best (*on all teams*) is an automatic response to being happy or happier than we are now. For many of us, we can't be happier until life becomes easier. We're resentful and find shortcuts to comply.

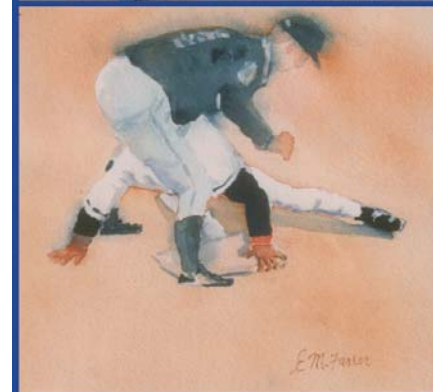
The Winning CI EDGE is your easy way out! This 8-22 (choose) wk. program provides simple easy ways to be a better supporting team player, build a better team and be happier without occupying much time doing it. Try the recipe out to see what works for you to take the pressure off and free up precious time that you can use to enjoy life more! It has a tool to leave -yesterday -behind and several to verbally handle situations and people who are troublesome to you, your family or job. It contains newsletters whose ideas can be used to win more in sports at school and work and to move your career or personal life forward.



There are things we cannot change. We can find ways to be happier and make life easier -without robbing a bank of course!

2009 © 1051618, 1040768, 1032747, 1018332 www.zleepez.com

The Winning CI EDGE



**Creating
World
Class
Companies
And
Teams!**

**Taking your
team into
the winning
category!**

**Artist
Eileen Farrer**